

Committee on Aging Meeting 02/14/2019

Present: Bevan, Ted, Susan, Pat, Donna, Blake, Linda, Sassy, Bevan, Karen

Later - Mike Pardue, Chris Osterrieder

Absent: Molly, Judy, Marta

The Minutes from 1/10/2019 were accepted and approved as amended. (the last line was stricken).

Karen Winton gave a presentation on her research on other community sand bucket programs and the possibility of our committee helping launch this for next year. Currently, her department can handle a few requests. She is looking to our committee to review the process and give input. Karen gave us a template that the committee will review, and we will return with input.

Ted updated the committee about the possibility of the park and rec program offering a Matter of Balance Program and a Tai Chi program. Karen spoke to Tasha the head of Park and Rec program about the possibility of holding classes. SMAA would train to certify volunteers the cost is \$200 for program licensing.

Another option could be contracted services which would be \$450 for an 8-week workshop. Karen spoke about possibly getting sponsorships to underwrite the class and perhaps going into the low-income housing developments in town. Ted spoke of incorporating the police and fire department possibly as training. Karen suggested we take this through the new template that Karen has offered.

It was decided that the sand bucket initiative and SMMA training will be put through Karen's new process at an upcoming meeting.

Medical Closest procedures were handed out by Donna who reminded everyone that there will be a cleaning party on March 12th at 10:00 am at KLPD. She encouraged everyone that can come to please do so. Donna also mentioned that the Aging Committee is planning on marching in the centennial parade in June 2020.

New Business – Ted mentioned that the Center will be again hosting the "Older Adults" job fair on April 2nd. Ted said that we are looking to get the town of Kennebunk and Kennebunkport to bless the event. Alaina from the Chamber spoke about sponsoring this event which is different than the job fair that is held at the town hall in partnership with the town of Kennebunk.

Bevan asked Mike Pardue about the opportunity for making the age friendly sign more complementary with the other town signs. Mike said he will investigate that possibility.

At 5:35 Bevan made a motion to adjourn the meeting, Pat seconded the meeting.