

Committee on Aging

Minutes

March 14, 2019

Attendance Committee Members Present: Susan Aubuchon, Donna Curtis-Binette, Bevan Davies, Pat Schwebler, Linda Sentner, Ted Trainer

Ex-Officio: L. Blake Baldwin, Karen Winton, Officer Darrel Eaton

Public: Roz Beckler

Meeting called to order @ 4pm

Minutes amended and approved.

Presentation by Mia Millefogie from Maine Health at Home. She gave a presentation on Telehealth. The committee was very impressed with what the tablet does and how it can serve medically challenged, isolated seniors. Mia explained that the candidate must have a medical diagnosis to qualify for the tablet.

AARP – 8 Domains of Livability was suggested to be incorporated into the Comp Plan (Ted's Proposal) Pat will create a proposed "communication process" using the Process for Creating Programming/Initiatives template developed by Karen Winton. This template will be used for all the Committee's project proposals for which we seek Town support/participation.

Sustainability for Falls Prevention ("A Matter of Balance") connects to ConA and will be sent to the Town for discussion & hopefully for implementation by the Rec. Dept.

Sand Buckets for seniors were briefly discussed but tabled until the initiative was in a template form.

Meeting adjourned @ 5:45 by Bevan Second by Ted